Working on Air

Training night challenged our volunteers to rotate through a series of exercises while wearing full protective gear and operating on air from their SCBA (Self-Contained Breathing Apparatus).

Under normal operating conditions, an air cylinder is designed to provide approximately 40 minutes of breathing air. However, when firefighters are physically challenged, working under stress, and exerting themselves, air consumption can increase significantly, reducing that time.

The objective of this training was to continue working through the various challenges until their air supply was depleted. This exercise helps firefighters understand their individual air consumption, recognize how physical exertion affects their available air supply, and develop better breathing control and air management skills while operating under stressful conditions.

Our members averaged approximately 30 minutes on air, with several exceeding 45 minutes. This was a great opportunity for our volunteers to better understand their equipment, physical limits, and the importance of managing their air supply during emergency operations.

Training, preparation, and awareness help keep our firefighters safer when it matters most!

















